

# QA Course NOW AVAILABLE on DVD!

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*“The Quintessential Applications DVDs are absolutely outstanding! ..... crystal clear audio, exceptional video and incredible up close view of all demonstrations. Best of all, you can study on your own time and never miss a thing.”*

*-Carl Amodio, DC Roswell, GA*

## QUINTESSENTIAL APPLICATIONS

A Comprehensive Course Leading to  
Clinical Excellence in Individual Patient Assessment

### Session-By-Session Topics on DVDs

#### 1. Pain Relief

- A. Beginning Procedures
- B. Proprioceptors
  - 1. Muscle Spindle Cell Technique / Golgi Tendon Organ Technique
  - 2. Autogenic Inhibition & Autogenic Facilitation
  - 3. Origin – Insertion Technique
  - 4. 3 Major Indicator Muscles
- C. Hands-on Pain Relief Techniques
  - 1. Injury Recall Technique
  - 2. Nococeptor Stimulation-Blocking Technique
  - 3. Set Point Technique
  - 4. Location, Quality, Memory (of the Pain) Technique

#### 2. Low Back

- A. Low Back Muscles
- B. Vitamin E & Low Back Muscles
- C. Vertebral Challenge
- D. Pelvic Categories
- E. Sacral & Iliac Fixations
- F. Iliolumbar Ligament & Gait
- G. Sacrospinous & Sacrotuberous Ligaments

#### 3. Shoulder – Part 1 / Fatigue & Inflammation – Part 1

- A. Shoulder muscles – Part 1 (Including Rotator Cuff Muscles)
- B. Visceral Challenge Technique
- C. Essential Fatty Acids
- D. Nutritional Assessment of the CBC with Differential
- E. Fascial Release Technique

#### 4. Shoulder – Part 2 / Fatigue & Inflammation – Part 2

- A. Shoulder muscles – Part 2
  - B. Vitamin C and Shoulder muscles
  - C. The Lingual Ascorbic Acid Test
  - D. Common Shoulder Problems
  - E. Citric Acid Cycle & Electron Transport Chain Assessment
- 5. Spinal Adjusting / Fatigue & Inflammation – Part 3**
- A. Flexor Reflex Afferent Subluxation Patterns
  - B. Coupled Spinal Mechanics
    - 1. Evaluation for Cervical Coupling
    - 2. Evaluation for Lumbar Coupling
  - C. Correction of Uncoupled Patterns
  - D. Adjusting with Coupled Mechanics
    - 1. Cervical Coupled Adjusting
    - 2. Lumbar Coupled Adjusting
  - E. Simplified Temporosphenoïdal Line Analysis
  - F. Visceral Challenge Technique - Review
  - G. Food Allergies
    - 1. Anti-histamine Mix Screening Method
    - 2. Correction Using Visceral Challenge Technique
- 6. Head and Neck - Part 1 / Immune System – Part 1**
- A. Head & Neck muscles – Part 1
  - B. Screening for Cranial Faults with Pre Test Imaging
  - C. Cranial IRT
  - D. TMJ IRT
  - E. Cranial and TMJ as Sources of Cervical Uncoupled Mechanics
  - F. Mechanical Frontal Bone Cranial Fault Corrections
  - G. When the Immune System is Primary
  - H. When Cranial Faults and TMJ Problems are Secondary to Immune System Involvement
- 7. Head and Neck - Part 2**
- A. Head & Neck Muscles – Part 2
  - B. 3 TMJ Related Cranial Faults
  - C. TMJ Related Muscles (IRT)
  - D. Tooth Techniques
  - E. Switching & Neurological Disorganization
- 8. Digestive System**

- A. Digestive Muscles
  - B. Visceral Referred Pain Area Assessment
  - C. Hiatal Hernia / Gastroesophageal Reflux Disease
  - D. Ileocecal Valve Syndromes
  - E. The Enteric Nervous System
    - 1. Ileal Brake
    - 2. Sugar and the Open ICV
    - 3. The Gastrocolic Reflex and Hidden Food Sensitivities
- 9. Lower Limb / Endocrine Hypofunction**
- A. Knee Muscles
  - B. Common Knee Problems
  - C. Extremity Challenge & Adjusting
  - D. TLR for Low Endocrine Function
  - E. Foot & Ankle Muscles
  - F. Common Foot & Ankle Problems
- 10. Adrenal Stress Syndrome / Emotional Techniques**
- A. Hypoadrenia – Review
  - B. Hyperadrenia
  - C. Adrenal Challenge Technique
  - D. Introduction to Centering the Spine
  - E. Ligament Stress Adrenal Stress Syndrome
  - F. Emotional Recall Quick Fix
  - G. Heart-Focused Techniques
- 11. Chemical Hypersensitivities / Liver Detoxification–Part 1**
- A. Aldehydes / Chemical Sensitivities
    - 1. Metabolic (Molybdenum)
    - 2. Immunologic (Se)
  - B. Liver Dexoxification
    - 1. Phase 1
    - 2. Phase 2 – All Regular Detoxification Pathways
- 12. Upper Limb / Liver Detoxification–Part 2**
- A. Elbow Muscles
  - B. Common Elbow Problems
  - C. The Cholesterol Challenge Test
  - D. Visceral Challenge Technique for Bad Dietary Fats
  - E. Wrist & Hand Muscles
  - F. Common Wrist & Hand Problems
  - G. Immune Cytokines & Liver Detoxification

- H. Application of the Clinical Protocol
- 13. Hyperinsulinism / Stopping Joint Degeneration**
- A. Additional Gait Challenges
  - B. Hyperinsulinism & Insulin Insensitivity
    - 1. Bilateral Upper Limb Problems
    - 2. Manipulative Treatment Procedures
    - 3. Nutritional & Dietary Management
  - C. Cartilage Formation
    - 1. Sulfate Metabolism
    - 2. Glucose Metabolism
  - D. Degeneration Intervention & Sulfation – Interrupting Vicious Cycles of Degenerative Disease
  - E. Application of the Clinical Protocol
- 14. Common Glandular Dysfunctions / Immune System – Part 2**
- A. Review Adrenals
  - B. When the Immune System is Secondary
  - C. Thyroid Gland
  - D. Female Hormones & the Menstrual Cycle
  - E. Pelvic Visceroptosis Techniques
    - 1. Uterus Lift
    - 2. Prostate lift
  - F. Pituitary Gland
  - G. Pineal Gland
  - H. Endocrine Gland Interactions
  - I. Application of the Clinical Protocol
- 15. Common Metabolic Dysfunctions / Tonification Point Technique**
- A. Seven Chemicals That Cause Nociceptor Depolarization
  - B. Oxidation – Reduction Imbalances
  - C. The Bleach Sniff Test
    - 1. Sulfur Amino Acid Metabolism & Homocysteinemia
    - 2. Antioxidant Nutrition
  - D. The Ammonia Sniff Test
  - E. Tonification Point Pain Relief Technique
  - F. Application of the Clinical Protocol